



# Connect to Your Students

on Topics They Care About



**MISHMERES**  
**HIGH SCHOOL TEACHERS' CATALOG**

CHOFETZ CHAIM HERITAGE FOUNDATION



# DEAR TEACHER,

We all know that teaching is the highest art form, and your “product” is the highest form of creation – a *bas Yisrael* filled with devotion to Torah, *mitzvos* and Klal Yisrael.

But one of the most complex and challenging struggles your students will face again and again – as employees, wives, mothers and in every other role they play – is mastering the skills to successful, effective and empowering relationships.

Are they prepared?

The goal of this catalog is to offer you powerful and effective tools and programs to teach *middos* and social skills, and to address *bein adam la'chaveiro* class challenges. Our programs teach students how to build relationships infused with honor and respect, nurturing and warmth, so that they can succeed in school, marriage and beyond.

We hope that the tools in this catalog will help you mold your students into stronger vessels for *shalom* and *brachah*. May each student whose life you touch become a light for Klal Yisrael and a boundless source of merit for you.

Thank you for letting us partner in your success,

**Mrs. T. Danziger,**

Director, High School Division, Chofetz Chaim Heritage Foundation  
tdanziger@cchfglobal.org, 732-905-9909 ext. 129

**Mrs. Chavi Twersky**

Executive School Liaison  
chavitwersky@gmail.com, 718-438-6869



**"Teaching the *halachos* of *Ahavas Yisrael* and *Shmiras Haloshon* to our youth is the crucial way to help them develop proper *middos* so that it becomes their way of life."**

HaRav Shmuel Kamenetsky, Shlita  
Rabbinical Chairman of the Board, Chofetz Chaim Heritage Foundation  
Rosh, Moetzes Gedolei HaTorah

# TABLE OF CONTENTS

Ready-to-use educational tools + programs to help educators connect deeply with students over the topics that make up their lives.

Empower your students to communicate effectively, establish stronger relationships, and live their lives according to the Torah's guidelines for *mitzvos bein adam la'chaveiro*.

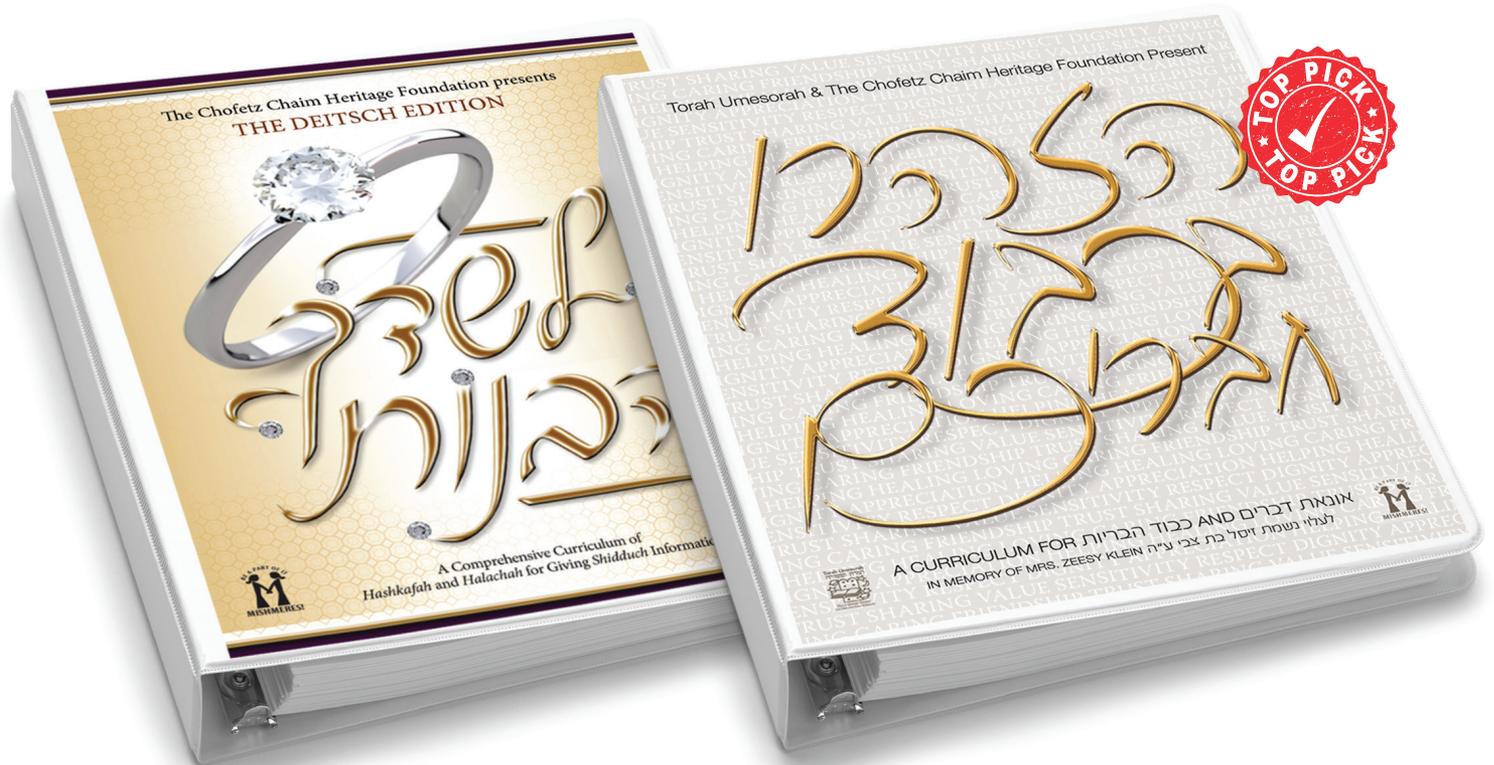
- 4 / Curriculums
- 6 / Workshops
- 8 / DVDs
- 9 / Video Lectures
- 10 / Digital downloads
- 11 / Professional development
- 12 / Daily learning
- 14 / Posters
- 16 / Stickers, knickknacks and novelties
- 18 / Mishmeres Year-Long Program
- 20 / TIC Talk
- 21 / Achoseinu

## *Dedicated by Dov & Laura Hertz*

שמואל ישראל בן גרשון חנוך העניך ז"ל  
גרשון חנוך העניך בן שמואל ז"ל  
לאה בת משה מעכל הלוי ע"ה  
משה אריה בן יחיאל מנחם ז"ל  
יוסף יהודה בן צבי מאיר ז"ל  
בילא הינדא בת זלמן דוב ע"ה  
אהרן צבי ז"ל בן משה אריה נ"י  
למשפחת הערץ

לע"נ  
עקיבא בן אהרן צבי ז"ל  
אהרן צבי בן נחמיה ז"ל  
לאה בת יוסף ע"ה  
ניסן בן דוד יהודה ז"ל  
שרה שבע בת אליהו ע"ה  
למשפחת וינברגר ומילר

# UPGRADE YOUR STUDENTS' BEIN



## SHIDDUCHIM CURRICULUM

6 lessons on asking and giving *shidduch* information  
Ideal for 12th graders and seminary students

Prepare students to give the right information when phone calls start coming.

- a clear, easy-to-read teacher's guide
- intriguing starting activity and quick, fun end-of-lesson assessment activity
- systemized worksheets/note-taking outlines, and end--of-unit test.

\$120

## HIZAHARU B'CHVOD CHAVREICHEM CURRICULUM

25 lessons on *ona'as devarim* + *halbanas panim*

Ideal for 10th and 11th grades

Teach crucial emotional and relationship skills: how to handle insults and deal with hurt or anger.

- 22 trigger videos
- 47 powerful interactive activities
- Worksheets, tests and journal triggers
- 3 *sefarim* + comprehensive source list

Developed with pioneer mechaneches Mrs. Chaya

\$250



There's so much self-awareness and practical learning going on. I feel like I'm equipping my students to navigate the important relationships in their life - now, and in the future.

Mrs. Shaindy Bluming, Bais Brocha High School

For curriculum samples, please visit [cchf.global/school](http://cchf.global/school) programs

# ADAM LA'CHAVEIRO STANDARDS



## MAIVEN DAVOR CURRICULUM

6 lessons on the depth behind basic *shmiras haloshon* principles. Uncover the wealth of psychology and *hashkafah* in each *halachah*.

Ideal for 9th – 11th graders.

- Each lesson includes:
- 10 minutes of *halachah* clarity
- 30 minutes of *hashkafah* + *middah* understanding
- Sources, stories, activities and insightful discussion points

\$120



Building your own lesson or curriculum on a *bein adam la'chavero* topic? Speed the process with prepared resources and source sheets.

- Top-rated Hebrew-language curriculums with sources, activities, stories and more
- "Mar'eh Mekomos" source sheets for *bein adam la'chavero* topics

\$75

# ORDER

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# EXPERIENTIAL LEARNING. HASHKAFAH.

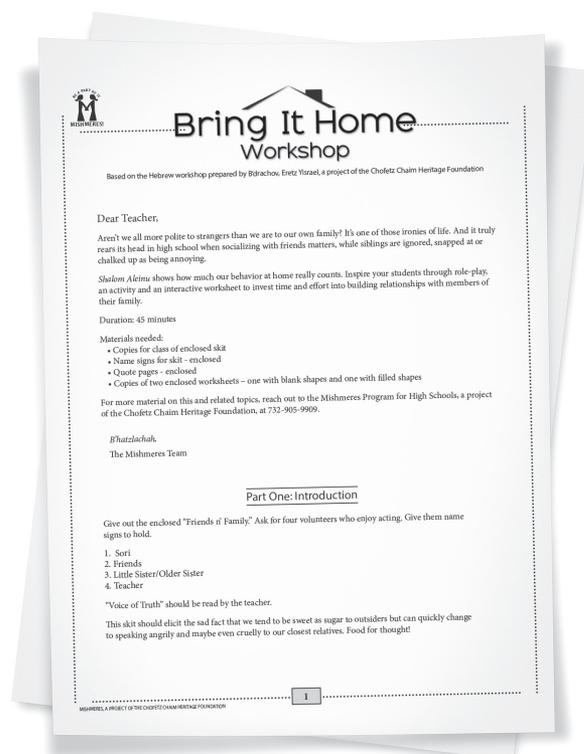


**IGNORED**

Topic: Do not ignore  
Length: 45 minutes

Great intro to successful group work.  
Teaches girls to look beyond themselves.

\$25 FOR NON-MISHMERES



**BRING IT HOME**

Topic: Family relationships  
Length: 45 minutes

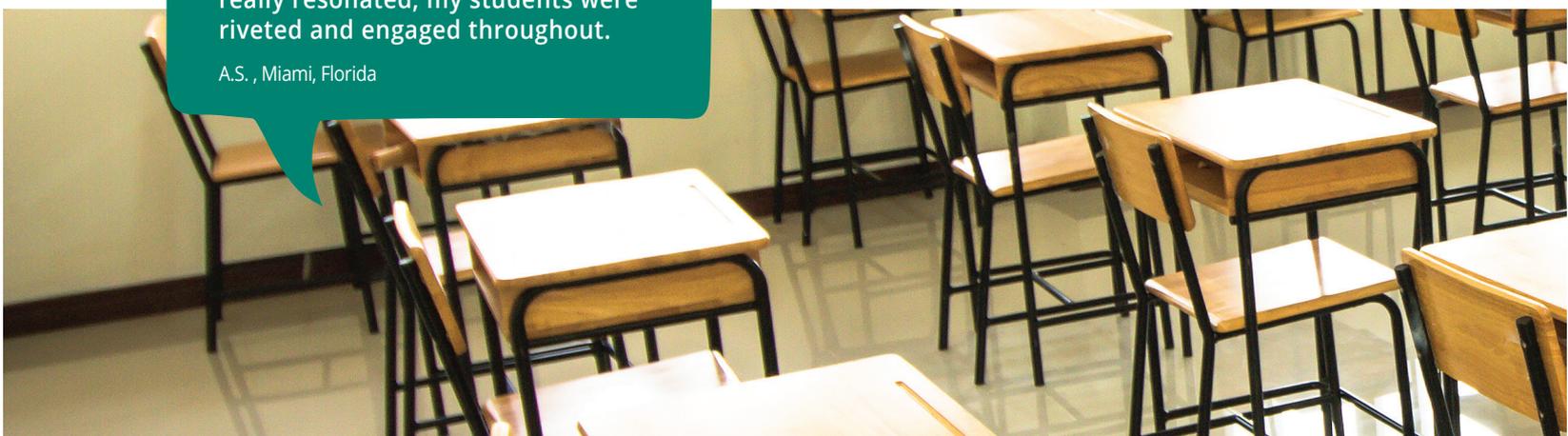
Creates awareness of the differences  
between how girls treat friends on one  
hand and family on the other.

\$25 FOR NON-MISHMERES



So much more powerful than your average workshop. The material really resonated; my students were riveted and engaged throughout.

A.S., Miami, Florida



# DISCUSSION. ACTIVITIES. STORIES. AND MORE.



## LOUDER THAN WORDS

Topic: non-verbal communication

Length: 45 minutes

Trains students to make sure vibes are positive.

\$25 FOR NON-MISHMERES

## TRIGGERED

Topic: Hurtful speech

Length: 40 minutes

Creates awareness of the feelings underlying negativity.

\$25 FOR NON-MISHMERES

## GREEN EYES

Topic: Jealousy

Length: 25 minutes

Ideal for production or midterms seasons. Trains girls to recognize and conquer jealousy.

\$25 FOR NON-MISHMERES

## THE SHABBOS OF A LIFETIME

Topic: Pre-Shabbaton social prep

Length: 45 minutes

Inspires preventing social pressure so all can enjoy time spent together. *A project of Bnos Yaakov HS, created by Mrs. Tziporah Shub*

FREE

## TTYL (TALK TO YOU LIVE)

Topic: Technology

Length: Breakout, week-long program

Challenges students to limit use of technology and communicate verbally. *A project of Tiferes Bais Yaakov of Toronto*

FREE

## 60-MINUTE CHALLENGE

Topic: Machsom L'Fi

Length: 40-day program

All you need to start your own *machsom l'fi* group. Pairs well with The Challenge video.

\$25 FOR NON-MISHMERES



For third-party workshops on other *bein adam l'chaveiro* topics created by Mrs. Sara Backenroth (unaffiliated with Mishmeres): email [sbackenroth12@gmail.com](mailto:sbackenroth12@gmail.com).

# CREATE HEART-STIRRING,



### OUTBREAK

Tenth-grader Baila gets more than she bargained for when she lends a hand to the Mishmeres Heads and mistakenly creates a national emergency! Baila's life quickly unravels because of a few unfortunate words she let slip.

Eerily relatable. Thoroughly impactful.

Run time: 13 min

\$10.99

### CHOICES

Sometimes you wonder how different your life would be if you had made just ONE different choice along the way. How would life look if you could "un-hear" a piece of loshon hora?

In this fast-paced drama, you'll find out.

Run time: 23 min

\$10.99

### THE CHALLENGE

It's eleventh-grade Shabbaton and the committees have been announced. Friends are separated and girls are forced to partner with random grademates. They don't like it.

Dramatic, relatable and funny, this is a video you'll watch again and again.

Run time: 35 min

\$10.99

# ORDER

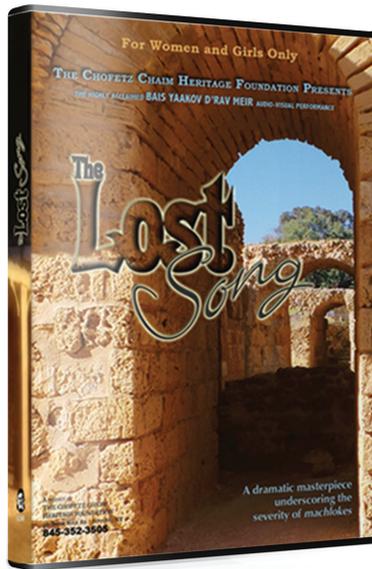
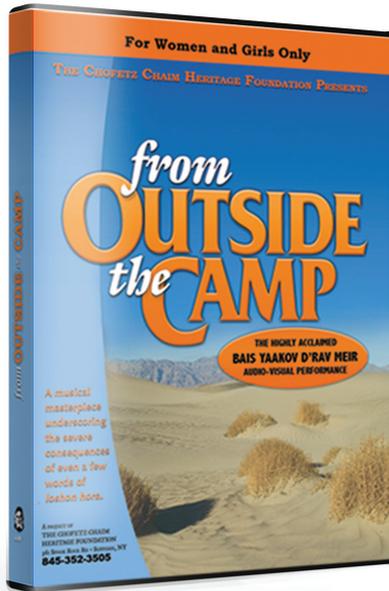
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Wow! I never realized that *tzora's* comes on *neshamos*. There's no way to speak negatively after watching this!

Bais Shaindel student

# POWERFUL LEARNING EXPERIENCES



## OUTSIDE THE CAMP

Topic: *Shmiras Halashon*

Watch a friendship unravel under the strain of a thoughtless comment and the almost-impossible task of setting things right.

This on-stage production will leave you profoundly stirred.

Run time: 2 hrs 15 min

\$19.99

## THE LOST SONG

Topic: *Shalom*

They're sisters. They're best friends.

Until they aren't.

Realistic and moving, this on-stage production will ensure you never look at relationships the same way again.

Run time: 2 hr

\$19.99

Video Lectures

## ACCESS FRESH, DYNAMIC SHMIRAS HALOSHON INSPIRATION FROM TOP-RATED SPEAKERS.



Rabbi Dovid Ozeri  
 Rabbi Paysach Krohn  
 Rabbi Dovid Kaplan  
 Rabbi Eli Mansour  
 Rabbi Yissachar Frand  
 Rabbi Zev Leff  
 Rabbi Ephraim E. Shapiro  
 Rav Gav Friedman  
 Mr. Charlie Harrai

\$10.99

\$5.99 ↓

Runtime: approx. 35 min. each

# VIDEO TRIGGERS WITH DISCUSSION QUESTIONS TO SPARK CLASS DISCUSSION



### 40 THOUSAND WORDS

Topic: Shmiras Haloshon  
Run time: 2 mins



### RACK OF LAMB

Topic: Texting and Loshon Hora  
Run time: 3 mins



### CHURBAN

Topic: Shmiras Haloshon  
Run time: 4 mins



### OF PHONES AND FEATHERS

Topic: Shmiras Haloshon  
Run time: 5 mins



### THE BUTTERFLY EFFECT

Topic: Shmiras Haloshon  
Run time: 4 mins



### YELLOW BALLOON

Topic: Inclusion  
Run time: 3 mins



### SEEING THE TRUTH

Topic: Dan L'chaf Zechus  
Run time: 2 mins



### RARE FOOTAGE OF THE CHOFETZ CHAIM

Run time: 5 mins



### TEFILA AL HADIBBUR SONG

Ari Goldwag CD

\$4.99    \$1.99

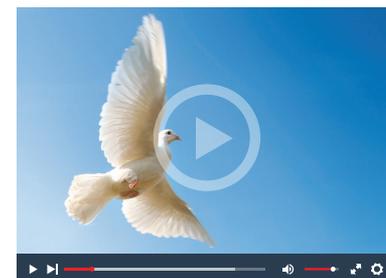


### LIVE LIFE BETTER SERIES

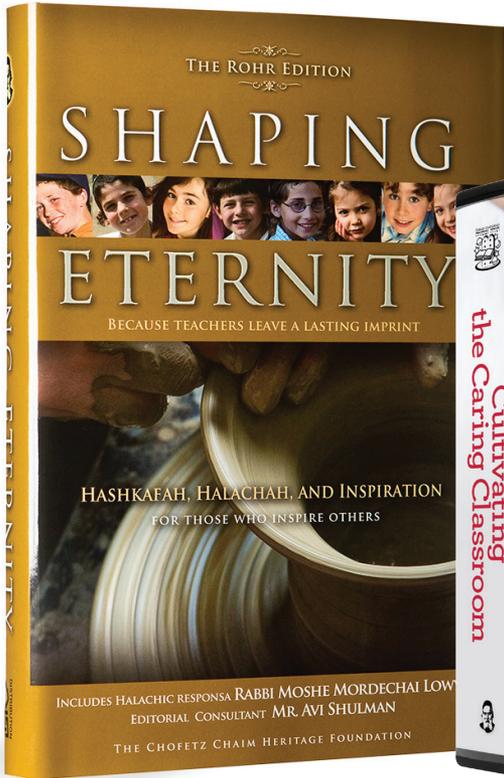
Topic: Shmiras Haloshon  
100 segments  
Run time: 2-4 mins each segment

### BAKEISH SHALOM- SEEK PEACE

Topic: Shalom  
25-minute workshop video



# EFFECTIVE TEACHER TRAINING TOOLS BECAUSE KNOWLEDGE IS POWER

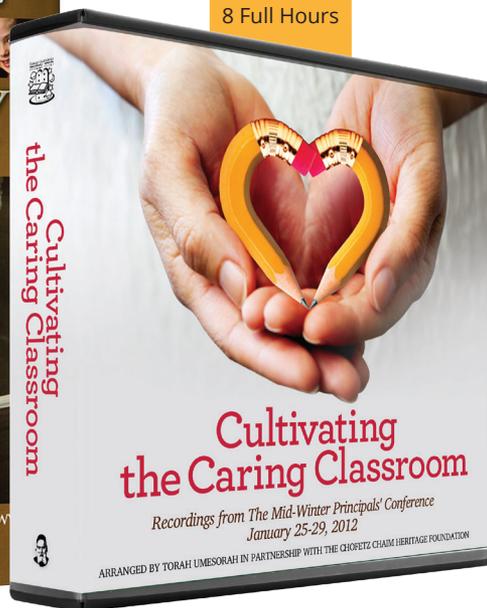


### SHAPING ETERNITY

Become the educator who changes lives:

- Stories of challenge and triumph
- Crucial Q and A
- Hashkafah, inspiration and strategies

\$19.99



### CULTIVATING THE CARING CLASSROOM

- How to help every child feel accepted, confident and motivated. (Rabbi Jonathon Rietti)
- Bullying: Why it happens, how to prevent it and what to do to stop it. (Dr. Yitzchak Shindler, Rabbi Doniel Frank, Rabbi Kalman Baumann)
- What an educator's priorities are, why so few know this and how to implement them (Rabbi Ephraim Wachsmann)

\$19.99 \$9.99 ↓

## IMPRESSIONS

VOLUME 13 • ISSUE 12 Because Teachers Leave a Lasting Imprint

### Isn't 95% Enough?

By Rabbi Menachem M. Karmel

The Gemara relates that the Zeken Gadol, Rabbi Yehoshua ben Gamliel, would be forever revered because he made certain that Torah would not be forgotten from Eretz Yisrael. How did he achieve this? He did it by establishing yeshivos so that all children would have a place to learn Torah. Prior to the days of Rabbi Yehoshua ben Gamliel, the Gemara says, each father taught his own children; neighbors and relatives were responsible for teaching those without fathers. However, the system began to fail, and those who did not have fathers were not being taught. Rabbi Yehoshua ben Gamliel sought to correct this problem by establishing yeshivos in every city, so that every child would have a place to learn Torah.

Still, at perhaps five percent of the children were orphans who had no one to teach them, why does the Gemara conclude that these not having been taught could cause Torah to be forgotten? What about the other 95 percent, who were still learning with their fathers?

Rabbi Yehoshua ben Gamliel, the Zeken Gadol, offered a powerful and profound answer to this difficulty: The Gemara is clearly teaching us that if the parents would have been forgotten, the recall would have been a steady downward spiral, an erasing, to the extent that Torah would eventually be totally forgotten. Torah, however, without a strong sense of responsibility to all of Eretz Yisrael to teach a Torah that cannot stand amidst Eretz Yisrael, would have appeared to be succeeding with their own eyes. In the short run, their yeshivos would ultimately have failed.

An additional message we certainly are aware of is the various learning levels and capabilities of the individual and children who gather in our classrooms every day. In our effort to reach as many of the students as we can, we "reach to the middle," the hope and expect to succeed with perhaps 80 percent of our students.

But Rav Wachsmann teaches us that the Gemara demands that we reach the right of the 80 to 90 percent who fall outside the "middle." They may not comprehend the entire svara. They may not understand every part of the lesson, the commentary, they may catch on so quickly that they are bored and in need of a challenge. But there has to be something for everyone. While our knowledge may not hit every child with the same potency, our message, our responsibility, is spread evenly across the entire spectrum of our dear charges.

Rav Ze'ev Binder z"l saw a dilemma and wrote a svara. He saw a child who was struggling to learn during class. The parent thought, "My son/daughter is not doing well."

When a child's mind is that "I must reach this student" for the benefit of the student and for Eretz Yisrael, he will succeed in finding the way to reach him.



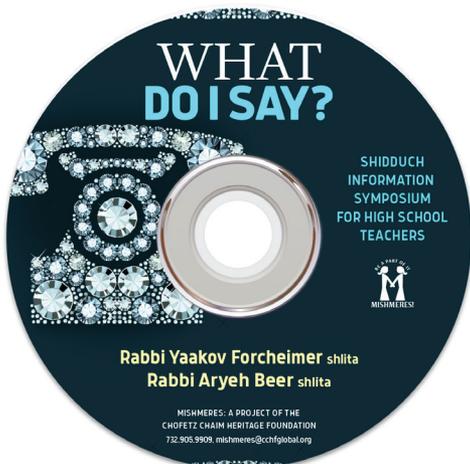
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A PROJECT OF THE CHOFETZ CHAIM HERITAGE FOUNDATION  
Editorial Consultant: Dr. Avraham Y. Shatzkin / Editor: Shm. S. Shapiro / Managing Editor: Shm. S. Shapiro

### IMPRESSIONS

For nearly two decades, Impressions has been raising awareness about the power educators wield with the words they speak and the sensitivity they show. This two-sided publication imparts inspiration and education through stories and relevant Q and A.

\$36/YEAR EMAIL  
\$72/YEAR MAIL



### WHAT DO I SAY?

"She was overly anxious as a student."  
"Her parents are hard to deal with."  
"She took modified tests."

Get the answers and guidelines for all shidduch-related questions. Bring this symposium to your staff to help students get married through a phone call that went right.

Run time: 1.4 hrs

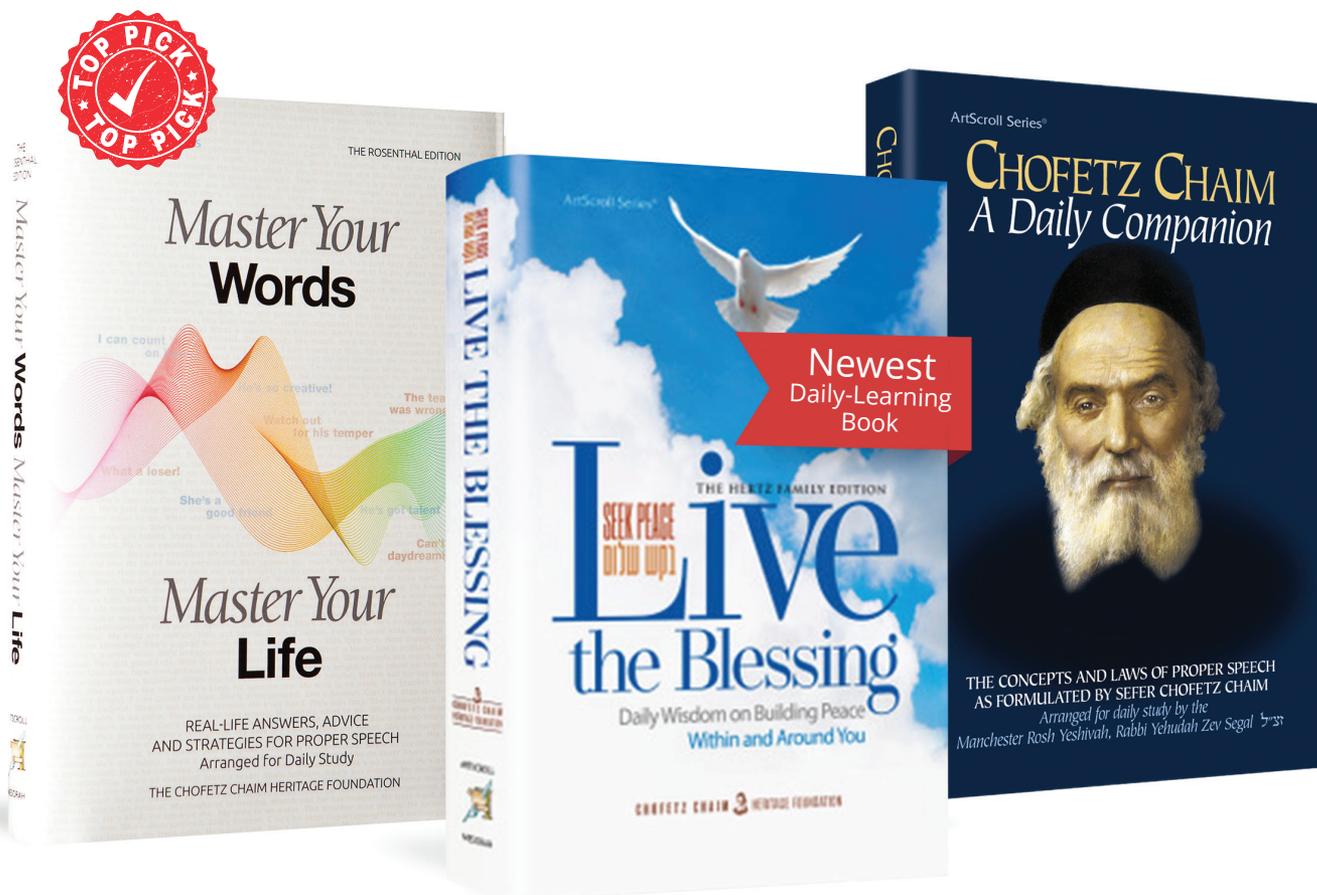
\$9.99 \$5.99 ↓



718.951.3696  
9 pm - 10:30 pm EST

Shmiras Haloshon  
Daily Learning

# YOUR PICK OF FANTASTIC



## MASTER YOUR WORDS MASTER YOUR LIFE

Find out how to move shmiras haloshon from your head to your heart, and ultimately to your life.

- Discover the answers to your everyday shmiras haloshon dilemmas
- Learn how to build the personality traits that fuel positive words
- Inspire growth and change in a 4-month learning cycle

Full-size	\$22.99
Pocket-size	\$14.99

# ORDER

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**732.905.9909 EXT 104**

## LIVE THE BLESSING!

Your power tool for conflict-free relationships with the people in our life:

- Get daily wisdom and inspiration about living peacefully with friends, family and yourself
- Discover techniques you can learn from mental-health professionals & educators

Full-size	\$22.99
Pocket-size	\$14.99

## CHOFETZ CHAIM: A DAILY COMPANION

Tap into Rav Segal's recipe for yeshuos by learning 2 halachos daily using his SHY 4-month calendar cycle.

- Adapted from Sefer Chofetz Chaim
- Special section on shidduchim

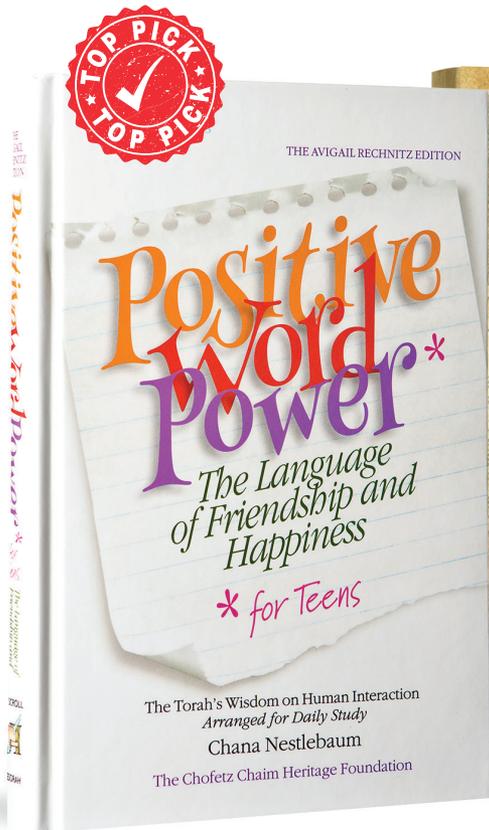
Full-size	\$22.99
Pocket-size	\$14.99

# STUDY OPTIONS

"I beg everyone listening to my voice to join the many thousands who learn a few *halachos* every day in *Sefer Chofetz Chaim*. Learning the *halachos* every single day is the best way to remind us to think before we speak. This way we will be *zocheh* to the *Geulah*."



HaRav Avraham Pam zt"l



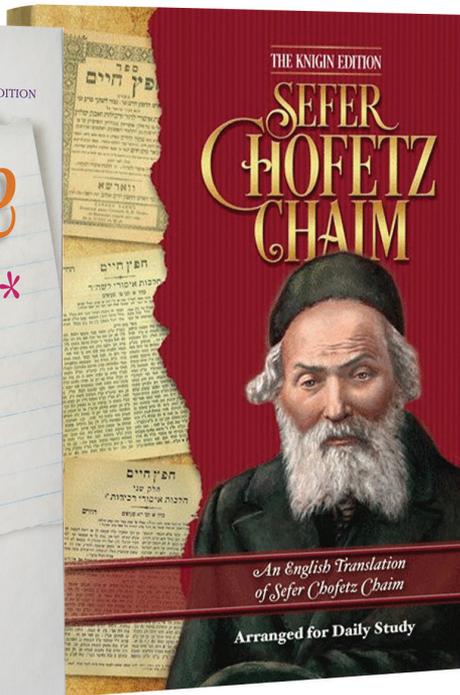
## POSITIVE WORD POWER FOR TEENS

Paint your world full of love, friendship, and positivity through the words you say, and become the person everybody loves to talk to.

Thought-provoking topics include:

- How can I deal kindly with someone who annoys me?
- What if someone is not my type?
- How should I express anger?

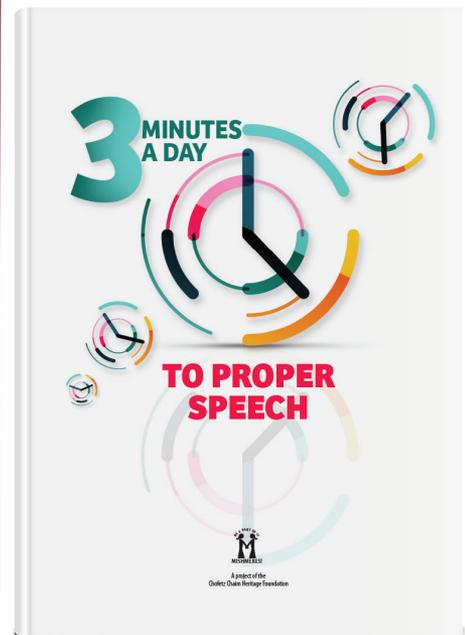
Full-size	\$22.99
Pocket-size	\$14.99



## TRANSLATED SEFER CHOFETZ CHAIM - WITH QUIZZES

The halachah explained in detail - directly from the source. Includes done-for-you quizzes + answer keys for a high-level school study program

Full-size	\$19.99
Quizzes	\$11.99



## 3 MINUTES A DAY TO PROPER SPEECH PAMPHLET

111 three-minute lessons in easy language, with examples and stories for teens.

Available for school purchase, including full photocopy rights.

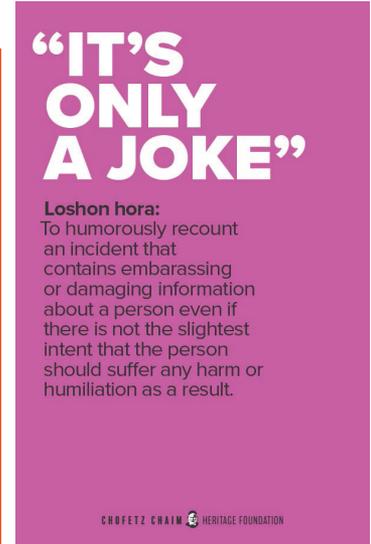
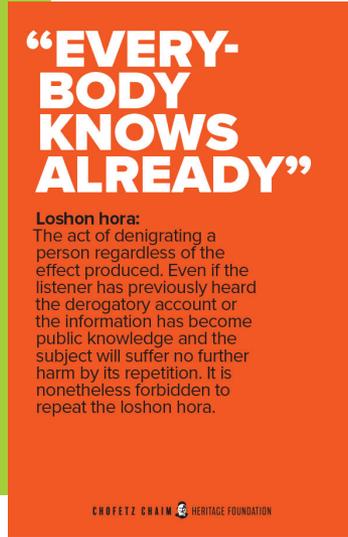
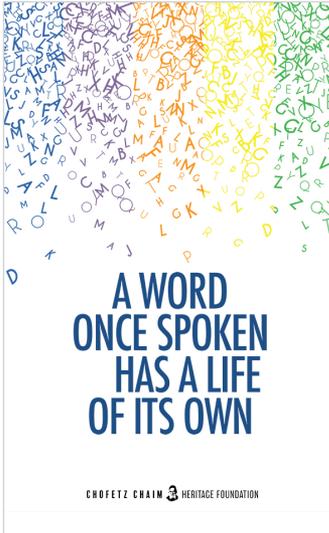
\$100 FOR NON-MISHMERES ↓

People tell me I'm so much easier to schmooze with! I never realized how negatively I used to speak. I was cynical and sharp - at other people's expense. Learning Positive Word Power made me aware of the negative vibes I was giving over.

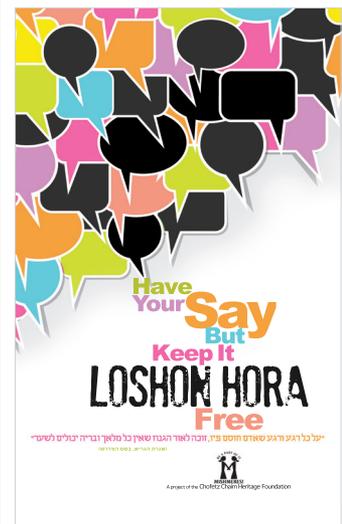
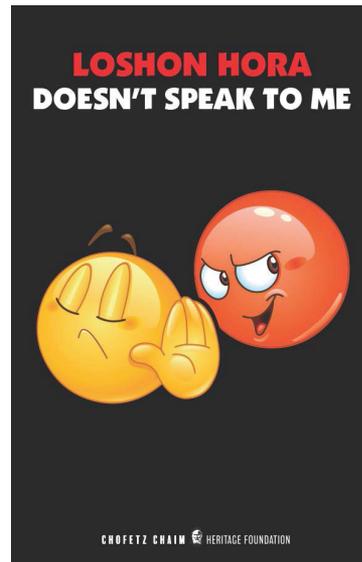
Leah N., Brooklyn, NY

# DECORATE YOUR CLASSROOM

\$4.95/POSTER



The Chofetz Chaim in his *sefer Zachor L'Miriam* urges us to use visual reminders to keep ourselves tuned to the vital *mitzvah* of *shmiras haloshon* wherever we go, whenever we speak.



# WITH POSTERS THAT INSPIRE

**Stop the "Teacher-Talk"**  
Talking negatively about teachers is **lashon hora**

It's common practice to talk about teachers,  
To criticize and blame them with ease.  
It's time to realize this is lashon hora -  
An appalling habit that we must cease!

Mishmeres is a project of  
THE CHOFETZ CHAIM HERITAGE FOUNDATION

**תפילה**  
Prayer  
for Proper Speech  
על הדיבור  
על הדיבור  
Written by Rabbi Chofetz Chaim of

רבוננו של עולם,  
יהי רצון מלפניך א-ל רחום וחנון שתזכני  
היום ובכל יום לשמור פי ולשוני מלשון הרע  
ורכילות: ואזהר מלדבר אפילו על איש יחיד,  
וקל שכן על כלל ישראל, או על חלק מהם,  
וקל שכן מלהתרעם על מדותיו של הקדוש  
ברוך הוא. ואזהר מלדבר דברי שקר, חנופה,  
מחלוקת, כעס, גאווה, אונאת דברים, הלבנת  
פנים, ליצנות, וכל דבור אסור. וזכני שלא לדבר  
כי אם דבר הצריך לעוניי גופי ונפשי, ויהיו כל  
מעשי ודבורי לשם שמים.

*Master of the World, may it be Your will, compassionate and gracious  
G-d, that You grant me the merit today and every day to guard my mouth and tongue from  
speaking lashon hora and rechilus. May I be zealous not to speak ill of an individual, and  
certainly not of the entire Jewish people or a portion of it, and even more so, may I be zealous  
not to complain about the ways of the Holy One, Blessed is He. May I be zealous not to speak  
words of falsehood, flattery, strife, anger, arrogance, hurt, embarrassment, mockery, and all  
other forbidden forms of speech. Grant me the merit to speak only that which is necessary  
for my physical and spiritual well-being, and may all my deeds and words be for the sake of  
Heaven.*

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**Mortified**  
I want to hide

Crimson blush  
Head drooped low  
Spirit wilting  
From the blow

Thorn of scorn  
Wounded pride  
All she wants...  
To run and hide

Don't pluck a heart  
With humiliation,  
With a soul  
With degradation

Weed out words  
That mortify  
Plant seeds of honor  
That dignity

RIBBONO SHEI  
OLAM  
HELP ME  
TO GUARD  
MY TONGUE  
AND SPEAK  
ONLY WORDS  
THAT  
CAN HELP  
A PERSON

blossom

עוֹת וְחַיִּים בִּיד לִשׁוֹן

BUT  
NOT WORDS  
OF LASHON HORA  
OR RECHILUS -  
NOTHING  
DEROGATORY  
OR HURTFUL  
HELPS NOT  
TO CREATE  
A BIT  
BETWEEN  
TWO PEOPLE.  
CAUSE ANYONE  
TO THINKLESS  
OF  
SOMEONE ELSE.  
CAUSE A PERSON  
TO  
with away

**FREEZE!**  
Before you speak  
**T.H.I.N.K.**

Are your words...

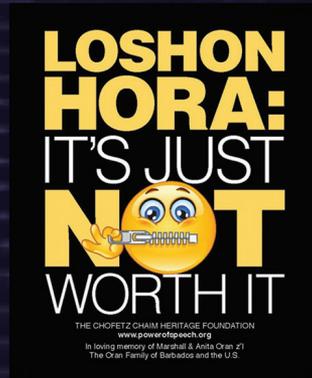
Tactful  
Inspiring  
Helpful  
Kind  
Necessary

Knick-knacks  
& Novelties

# FUN TAKE-HOME ITEMS TO



G016



G010



G017

## MOTTO MAGNETS

Plaster your fridge or car with slogans that keep you inspired and help you think and speak more positively.

\$ .50



## SHMIRAS HALOSHON BRACELETS

Turn this into your class, family or personal mantra, and empower yourself to walk away from gossip.

\$ .30 EACH



## ZIPPER BRACELET: MY LIPS ARE SEALED

Keep your fingers busy while your tongue is at rest. This playful bracelet is the perfect giveout for a group or family working on *shmiras haloshon*.

\$ .30



## AL HAMICHYA CARDS WITH SHMIRAS HALOSHON CARTOONS

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## NECKLACE PENDANT

\$7.00

# SPICE UP A LESSON OR EVENT

ST006



ST005

## TEFILLAH STICKERS

3x4 Sticker \$ .15



## MISHMERES HIGHLIGHTER

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AVAILABLE ALSO WITH "GOSSIP" LABEL

## LOSHON HORA STOPPER

A clever, stark visual reminder that loshon hora is a highly toxic substance.

Loshon Hora Stopper	\$4.95
Gossip Stopper	\$4.95



## CALENDAR CARD

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## MISHMERES POST ITS

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## NOVELTY MESSAGE PINS AND STICKERS

Pins	\$ .50	Stickers	\$ .15
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# monthly MISHMERES PROGRAM

Upgrade Shmiras Halashon & *bein adam lachaveiro* with an extracurricular program about speech, *middos* and relationships

**IDEA PAGE**

**POSTER**

**COVER LETTER**

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**STICKER**

**CALENDAR**

**ON A HOTLINE**  
845.678.8889

**WITH A FRIEND**

**FROM A BOOK**

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Learn Shmiras Haloshon Yomi.

**Dear Girls**

**Mishmeres Matters**

**CONVERSATION CORNER**

**YOUR QUESTION**

**Cheshvan**

**LEARN SHMIRAS HALOSHON YOMI**

**IDEA PAGE**

**Breakout activities**

**SCHOOL DE**

**Mishmeres Head Tip of the Month:**

**Knowledge is power!**

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USA & Canada	\$5/STUDENT OR \$100
International	\$5/STUDENT OR \$600

SAMPLE MATERIAL



**FLAGSHIP PROGRAM**  
**100+**  
**SCHOOLS**

“ Everything Mishmeres does is professional, eye catching, thought-provoking and inspirational.   
Morah Gross, TAG HS

“ The year I was Mishmeres head was the best year of my life.   
Bassi Pearl, Mesilas BY

“ The Mishmeres materials are spot-on: relevant, fresh and speak to our teenagers.   
Mrs. Zehava Lefkowitz, BY Baltimore



the  
**Teen**  
hotline

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4 Q & A	5 The Auditorium	6 Spotlight on Global Warming
7 The Avenue	8 Serial Story	9 Bulletin Board

2 DIAL-IN NUMBERS:  
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I love TIC Talk, I live on it! My faves are *The Studio*, the *Personal Stories* and the *TIC Talk Attacks* – can't wait to get featured.

NAOMI – Manchester, UK

## IT'S ALWAYS THE RIGHT TIME TO TIC TALK! 8,000 LISTENERS.

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- get your questions answered
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- hear the latest Jewish hits
- work on your relationships
- stay on top of your daily learning
- and much, much more...

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P: 732-905-9909 ext. 101

E: [achoseinu@cchfglobal.org](mailto:achoseinu@cchfglobal.org)

**ACHOSEINU: SISTERS IN SPEECH  
SPREAD THE WORD. SPREAD THE POWER.**

## ORDER FORM

ITEM	PRICE	SHIPPING
<b>Curriculum</b>		
Hizaharu Curriculum	\$250.00	Free
Shidduch Curriculum	\$120.00	Free
Maivin Davar Curriculum	\$120.00	Free
<b>Workshops</b>		
Ignored	\$25 For Non-Mishmeres	Download
Bring it Home	\$25 For Non-Mishmeres	Download
Louder than Words	\$25 For Non-Mishmeres	Download
Triggered	\$25 For Non-Mishmeres	Download
Green Eyes	\$25 For Non-Mishmeres	Download
The Shabbos of a Lifetime	Free	Download
Talk To You Live	Free	Download
60-minute Challenge	\$25 For Non-Mishmeres	Download
<b>Resources for Lesson Building</b>		
Hebrew curriculums	\$75.00	1-2: \$3.99
Source sheets	\$9.99	\$3.99
<b>DVD's</b>		
Mishmeres Outbreak	\$10.99	1-2: \$3.99
Choices	\$10.99	1-2: \$3.99
Challenge	\$10.99	1-2: \$3.99
Outside the Camp	\$19.99	1-2: \$3.99
Lost Song	\$19.99	1-2: \$3.99
<b>Speaker DVD Binders</b>		
Rabbi David Ozeri	\$10.99 / \$5.99	1-2: \$3.99
Rabbi Paysach Krohn	\$10.99 / \$5.99	1-2: \$3.99
Rabbi Dovid Kaplan	\$10.99 / \$5.99	1-2: \$3.99
Rabbi Eli Mansour	\$10.99 / \$5.99	1-2: \$3.99
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Mr. Charlie Harrari	\$10.99 / \$5.99	1-2: \$3.99
Rabbi Zev Leff	\$10.99 / \$5.99	1-2: \$3.99
Rav Gav Friedman	\$10.99 / \$5.100	1-2: \$3.10
Rabbi Ephraim Eliyahu Shapiro	\$10.99 / \$5.99	1-2: \$3.99
<b>Tefilla CD</b>		
Tefila Al Hadibbur by Ari Goldwag	\$4.99 / \$1.99	1-2: \$3.99
<b>Professional Development</b>		
Cultivate the Caring Classroom	\$19.99 / \$9.99	1-2: \$3.99
What Do I Say?	\$10.99 / \$5.99	1-2: \$3.99
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Impressions	\$36/yearly email subscribtion \$72/yearly hard copy subscription	Free
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Have Your Say	\$4.95	1-10: \$3.101

ITEM	PRICE	SHIPPING
<b>Pins</b>		
I speak Kosher	\$0.50	\$3.99
L"H Doesn't Speak To Me	\$0.50	\$3.99
Our School is A L"H Free Zone	\$0.50	\$3.99
Please Don't Even Think of Telling Me L"H	\$0.50	\$3.99
<b>Magnets</b>		
L"H It's Just Not Worth It	\$0.50	1-50 \$7.85
Respect Magnet	\$0.50	1-50 \$7.85
Sibling Magnet	\$0.50	1-50 \$7.85
<b>Calander Card</b>		
Planner Card	\$0.15	1-50 \$1.99
<b>Pens</b>		
Mishmeres Highlighter	\$0.50	1-50 \$3.99
<b>Bracelets</b>		
Loshon Hora Doesn't Speak to Me	\$0.30	1-50: \$3.99
Shmiras Haloshon Count Me In!	\$0.30	1-50: \$3.99
Shmiras Haloshon We Can Do It!	\$0.30	1-50: \$3.99
Zipper Bracelet	\$0.30	1-50: \$3.99
Netzor L'shonchah pendant	\$7.00	\$3.99
<b>Stickers</b>		
I Speak Kosher	\$0.15	1-50 \$1.99
L"H Doesn't Speak to Me	\$0.15	1-50 \$1.99
Our School is a L"H-Free Zone	\$0.15	1-50 \$1.99
Please Don't Think	\$0.15	1-50 \$1.99
Tefillah L'Morah	\$0.15	1-50 \$1.99
Tefillah Al Hadibbur	\$0.15	1-50 \$1.99
<b>Miscellaneous</b>		
Post-it Notes	\$0.50	\$3.99
Loshon Hora Stopper Can	\$4.95	\$3.99
Al Hamichya Card Set	\$6.00	\$3.99
<b>Monthly Mishmeres Program</b>		
Mishmeres Monthly Program USA & CANADA	\$5 a student	\$100.00
Mishmeres Monthly Program International	\$5 a student or \$600 depending on student count	

To sign up for the Mishmeres Monthly Program, please call 732-905-9909 ext. 104 or email mishmeres@cchfglobal.org.

QTY	Title/Description	Price	Shipping	Total Cost

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