

# THE 7 RULES OF TOELES

## The Seven Conditions

that must be met before speaking loshon hora *l'toeles*, for a constructive purpose

The information is definitely **true.**

The person is spoken to **first.**

No undue **harm** will be caused by the statement.

The intent is **pure.**



SHMIRAS  
HALASHON  
SHAILAH  
HOTLINE

It is clear that the action was really **wrong.**

No **exaggeration** is done.

All other solutions are tried **first.**

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